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Treatment for Headache & Migraine

Did you know?

Headaches can be a real pain in the neck

When it comes to headaches and migraine, recent research overwhelmingly points to the neck as one of the most common causes. Nerves that enter the brainstem together include those that transmit sensation from the head – this may explain a number of symptoms and triggers for sufferers such as light sensitivity, loss of vision, nausea, dizziness, and tinnitus.

If you know someone who suffers from headache or migraine, getting them properly assessed could make a huge difference. At BaiMed we offer a range of treatments that can restore neck mobility and reduce sensitivity of the area. Why not make an appointment for a full assessment today.

What the appointment involves

- A comprehensive discussion to determine possible causes of headache
- Physical assessment focusing on cervical spine, neck and head
- Treatment options including physiotherapy, osteopathy, acupuncture or a combination
- Ongoing management plan including stretching, strengthening exercises, massage therapy and possible dietary recommendations of appropriate.



Headaches and migraine can be debilitating for many. The team at BaiMed aims to reduce the occurrence and severity of your headaches and eventually have you back to a normal, pain-free state.

Make an appointment at one of our four clinics today.

Be free of headaches for good.
Contact BaiMed today on (02) 4227 1990.

